

# 2019 GAP Presenters

## Description of Workshops

### Keynote Speaker

**Clarissa R. Roan-Belle, Ph.D Licensed Psychologist, Higher Horizons 9:00 am**

*Fostering Resilience: One Connection at a Time*

Many children experience intense feelings of fear, terror and helplessness within the context of important relationships. Relational trauma requires relational healing, and this workshop will aid caregivers in understanding ways they can use relationships as a tool for enhancing children's functioning.

### Workshop Session One (10:45 am – 12:00 pm)

**Ross Ewing, Attorney and Mediator**

**10:45 am**

1. *Family Law 101*

A practical overview of legal items, types of courts, and the legal process.

**Paul Dalton, The Offices of Paul Dalton**

**10:45 am**

2. *Helping the Electronically Addicted Brain*

The workshop will introduce research, screening assessment, and treatments, parenting strategies for helping youth with dependence, reliance and withdrawal from electronic devices.

**Jeremy Murrell, Captain, Kentucky State Police**

**10:45 am**

3. *Online Sexual Exploitation: Lessons in Prevention from the Front Lines*

This workshop will discuss internet safety and prepare caregivers to help prevent online exploitation.

**Kraig Humbaugh,**

**10:45 am**

**Commissioner of Health/Lexington-Fayette County Health Department**

4. *Needle Exchange and Naloxone: Two Strategies to Prevent Negative Health Consequences of Injection Drug Use*

This presentation will review initiatives of the Lexington-Fayette County Health Department which help prevent illness and death among people who inject drugs, specifically opiates.

## **Workshop Session Two (1:00 -2:00 pm)**

**David Weisenhorn,**

**1:00 pm**

**UK Family and Consumer Sciences Extension Ph.D., NCC, LPCA**

### **5. Understanding and Disciplining Your Child**

Learn about possible developments and behavioral issues your child may experience, and creative ways to handle them.

**Judge Libby Messer**

**1:00 pm**

**Honorable Dori Thompson**

### **6. Adoption Aspects of the Legal System**

An open discussion about the adoption process, with input from an experienced attorney and a Family Court Judge

**Tre' Sims, Kentucky Higher Education Assistance Authority**

**1:00 pm**

### **7. Paying for College**

Information on KHEAA services, FAFSA updates and information. Scholarship searches and tools to use, and types of grants and financial aid.

**Norma Hatfield, Richard Dawahare, Mike Fitzgerald**

**1:00 pm**

### **8. Advocating for the Rights of Grandparents**

Hear from two grandparents and an attorney as they share their experience advocating in the Capitol for the rights of grandparents and the children in their care.

## **Featured Session**

**Clarissa R. Roan-Belle,**

**2:15 pm**

**Ph.D Licensed Psychologist, Higher Horizons**

### ***Identifying Keys to Cultivate Healthy Relationships with Trauma-Exposed Youth***

Caregivers face many challenges as they strive to develop healthy relationships with children who have experienced significant loss, pain, and disappointment. Today, we will learn strategies that will aid in fostering resilience through the development of positive, safe, and supportive relationships.